



22421 Barton Road #403, Grand Terrace, CA 92313 ◆ Contact: (909) 489-8024 or (760) 220-6161 ◆ Fax (760) 513 - 9895 http://www.lionsdiabetescamp.org ◆ E-MAIL: lidiasav@hotmail.com or mattersofpublichealth@gmail.com

Dear Parents/Legal Guardians:

Your diabetic child is yearning to go to camp, and that means it is time to apply for a weekend of fun at Lions Diabetes Camp! We have been preparing for the inaugural session. Our opening session will be held on September 29, 2017 through October 1, 2017. Eligible campers <u>must</u> be accompanied by a parent or legal guardian for this session. The cost for the camp is \$115 for campers and \$120 for the *mandatory* accompanying parent. If you are interested in being sponsored to attend this session, please contact us and we will connect you with a Lions Club in your area.

For your convenience, you can apply online at <u>www.lionsdiabetescamp.org</u>. An original paper application is also available and instructions are listed below.

While the application might appear long, all the information requested is necessary for the care of your child. It has been formatted in such a way that it is easy to complete. Please use *black ink* and provide all of the information requested.

Online and paper applications will be accepted beginning **August 14, 2017** and will be processed according to the order in which they are received. (Concerned about time? On-line applications are submitted instantly, with no mail delay.) <u>Please submit your application</u> as soon as possible. Your camper must have the physical portion of the application dated after **May 1, 2017** of the year in which they are attending camp. Faxed applications are acceptable, but the original application with original signatures must be received before a cabin is assigned. *The Medical Report must be completed and the entire application packet must be received for consideration*.

Prior to sending your application, please check to make sure that all allergy information, the **parent's signature**, **and physician's signature with allergy information** have been provided and are legible. Without these necessary signatures, we cannot process your child's application. A committee will review the application and notify you and your sponsoring Lion of the status of your child's application.

If you have any questions or need additional information, please do not hesitate to contact the Lions Diabetes Camp office.

Sincerely yours,

SIGNATURE IMAGE

Lion Lidia Petrov-Jones District 4L5, Diabetes Chair

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Lions Diabetes Camp at Teresita Pines

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Lions Diabetes Camp at Teresita Pines Camper 2017 Guidelines & Information

WHO: Children with all types of diabetes ages 10 through 13 within the State of California. *Only*

children who have been diagnosed with diabetes are eligible for the Lions Diabetes Camp. A summer camp for children who have <u>pre-diabetes</u>, <u>type 1</u>, <u>or type 2 diabetes</u> and one

mandatory accompanying parent.

WHAT: Campers enjoy exciting camp programs while they learn to control their diabetes by following

accepted health practices. A medical staff comprised of physicians, nurses, dietitians/

nutritionists, and health educators is located on-site. All individuals with type 1 diabetes must

bring their own Glucagon kit and their own EpiPen if needed.

WHERE: Camp will be held at the Lions Diabetes Camp at Teresita Pines, located at 22800 Big Pines

Highway, Wrightwood, Ca 93563.

HOW: A camper and an accompanying parent, rather than Lions, will transport your child to/from camp.

If parents need assistance with transportation, please contact your sponsoring Lion.

COST: \$115 for campers and \$120 for the mandatory accompanying parent. Campers may be sponsored

and paid for by the Lions of California.

GOALS: The goal is to assist children who have diabetes in achieving maturity in a healthy,

productive manner. A major objective is to teach children and adolescents more about themselves and their diabetes. In addition, the Parents' Reception aids the entire family in understanding diabetes. Additional information will be included in the assignment packet.

Please make sure the entire application is complete before mailing it. Incomplete applications will delay the assignment process and may jeopardize your camper's chances of being assigned to a camping session.

★<u>Application Checklist</u>**★**

Frease complete the <u>entire</u> application, paying special attention to the joilowing:
Lion signature on page 1 of application (if applicable).
All allergy information is listed on the application.
Parent and camper signature on Camper Code of Conduct on page 7 of application.
Parent signature on page 6 of application.
Physician signature on page 5 of application.
All camper info and insurance info completed on page 4 of application, regardless of insurance coverage.
All individuals with diabetes attending the camp have a current, nonexpired Glucagon kit and individuals
with severe allergies have a current, non-expired EpiPen.
Original application must be on file before a camping assignment can be made.



Lions Diabetes Camp at Teresita Pines Camper Application

Camper Information

Please print name of child:	Last Name:	First Name:	N	Middle Name:
Mailing Address:		City:	State:	Zip:
		~ .		
Age:	Date of Birth:	Gender:		
***Dla	Parent/Lega ase include a current email addres	al Guardian Inf	ormation	· vour comports
	ase include a current eman addres			
Address:				
_				
Father/Legal Guardian: _				
			Home Phone:	
Email:			Cell Phone:	
Employer				
Parent Attending Lions I	Diabetes Camp with Child Campo	er		
		Camper History		
Has the Camper ever atte	nded a Lions Camp at Teresita P	ines?	If yes, list years: _	
Has the Camper ever atte	nded any other diabetes camp? _		If yes, where?	
	T:	Clark Correspond	l. •	
		Club Sponsors		
	only co	omplete when applical	ole	
The		Lions Club of		,
California, District _	wishes to	sponsor my child f	or Lions Diabet	es Camp at Teresita Pines.
Sponsoring Lions C	lub (if applicable):			
Please Print	Lion's Last Name:		Lions First Name:	
name of Lion:				
Lions Mailing Address:	City	/ :	State:	Zip:
Lions Home Phone:	Lions Work/Cell Phon	ne: Lions Fa	ax: I	Lions Email:
		21011011	· · · · · · · · · · · · · · · · · · ·	

Camper Name:	

Camper Information

Please answer all questions and provide as much information as possible so that we can best care

for your child while at camp.
Is there anything special you can tell us about your child that will help promote a positive camp experience?
How would you rate your child's overall diabetes self-care knowledge?
□ Poor □ Below Average □ Average □ Above Average
Self-care education you would like your child to learn at camp
Please describe the following about your child:Favorite Interests:
Special needs, comfort items, routines:
<u> </u>
Bedtime/sleep habits (light, heavy, sleepwalking, nightmares, etc.):
Recent stressful events we should know about: Compared to the compared
What does your child do when he/she is mad, sad, or upset?:
Please tell us about your child (please include a separate sheet of paper if you require additional space)
What behavior(s), attitudes, etc. are typical/atypical?
what behavior(s), attitudes, etc. are typical/atypical?
What type of instruction does your child respond to best?
<u>Does camper (check box if "yes" and leave blank if no)</u>
☐ Test blood sugar ☐ Give own injections ☐ Rotate injection or pump sites ☐ Change pump site
□ <u>Draw up insulin for injection or pump</u> □ <u>Recognize high blood sugar</u> □ <u>Recognize low blood sugar</u>
☐ Monitor Food and Diet ☐ Count Carbohydrates ☐ Test Ketones ☐ Adjust for corrections
Emotional Health (please include a separate sheet of paper if you require additional space)
Does your child have any special fears, emotional, or behavioral problems? If so, please explain:
How do you handle behavioral problems?

Camper Information Continued

Print name of child:				
Onset of diabetes (month and year):	Age when di	agnosed: (years a	nd months): _	
Monitoring: Meter used (Ex. One Touch Ultra, Bayer Co				
How many times a day is blood sugar checked?				
Diet: Type of meal plan: □None □ Avoids sweets only		=		
Exercise: Usual exercise or preferred physical activity:		-	_	
Any Limitations?				
Existing or chronic problems: Bedwetting Cons	tipation Behavioral			order (ADHD)
Describe extent of problem(s) and suggestions for control:			<u> </u>	
Has child ever had seizures or convulsions? ☐ Yes	No If yes , how	many seizures?		
Date of last seizure: Cause of seizure(s):	Low Blood Sugar 🗆	Other (Explain):		
Does child have a Glucagon kit for emergency low blood sugar	s? Yes No Is the	Parent willing to	administer? ☐	☐ Yes ☐ No
Campers on Non-I	Basal Bolus Reg	imen		
Insulin Currently Used (check all that apply)	Insulin Injection		Time of A	nnlication
□ Novolin N □ Novolog □ Novolog 70/30 □ Levemir		Example: 18 NPH		ppication
□Humulin N □Humalog □Humalog 75/25 □Lantus	Breakfast			
□Humulin R □Apidra □Novolin	Lunch			
□Other	Dinner			
	Bedtime			
Campers on Four or More I	•		pplicable on	ly)
Basal Bolus Injections:	Basal Bolus Injec			
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog	Basal Bolus Injec		I:CHO	ISF
Basal Bolus Injections:	Basal Bolus Inject Target* Breakfast			
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting	Basal Bolus Inject Target* Breakfast Lunch			
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen?	Basal Bolus Inject Target* Breakfast			
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting	Basal Bolus Inject Target* Breakfast Lunch Dinner			
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh	ydrate Ratio) ISF	I:CHO :: (Insulin Sensiti	ISF vity Factor
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks	ydrate Ratio) ISF	I:CHO :: (Insulin Sensiti	ISF vity Factor
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh *Target Blood sugar to	ydrate Ratio) ISF	I:CHO : (Insulin Sensiting ISF calcula	ISF vity Factor
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting therapy? Campers on Non-Basal Insulin Pumpers:	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh *Target Blood sugar to	ydrate Ratio) ISF used for I:CHO ar	I:CHO : (Insulin Sensiting ISF calculation icable only)	ISF Vity Factor tions
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting therapy? Campers on Non-Basal Insulin Pumpers: Target BG set in Pump:	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh *Target Blood sugar to	ydrate Ratio) ISF used for I:CHO ar (complete if appl	I:CHO : (Insulin Sensiting ISF calculation of ISF	ISF vity Factor tions □Deltec
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting therapy? Campers on Non-Basal Insulin Pumpers: Target BG set in Pump: ISF (Insulin Sensitivity Factor):	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh,*Target Blood sugar to b	ydrate Ratio) ISF used for I:CHO ar (complete if appl	I:CHO : (Insulin Sensitind ISF calculation of the control of the	vity Factor tions Deltec
Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen? Number of DKA (Diabetic Ketoacidosis) episodes since starting therapy? Campers on Non-Basal Insulin Pumpers: Target BG set in Pump:	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh, *Target Blood sugar of the sugar o	ydrate Ratio) ISF used for I:CHO ar (complete if appl	I:CHO : (Insulin Sensitind ISF calculation of the control of the	vity Factor tions Deltec
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Basal Bolus Injections: Insulin Used in Regimen: □Apidra □Humalog □Novolog □Regular □ Lantus □Levemir When did camper begin this regimen?	Basal Bolus Inject Target* Breakfast Lunch Dinner Bedtime Snacks I:CHO (Insulin/Carboh,*Target Blood sugar to b	ydrate Ratio) ISF used for I:CHO ar (complete if appl	I:CHO : (Insulin Sensitind ISF calculation of the control of the	vity Factor tions Deltec
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Emergency Health Information

Please complete this section even if camper is uninsured

Camper Name:	Social Security Number:	Date of Birth	n: Age:
Parent/Guardian Name:	Policy Holder Social Security Numb	per:	
Address:	City:	State:	Zip:
Parent Home Phone:	Parent Work Phone:	Parent Cell I	Phone:
Emergency Contact (other than Parent):	()	Relation to (Camper:
Emergency Contact's Home Phone:		Emergency (Contact's Cell Phone:
Health Insurance Company/Medicare:		()	
(If uninsured, write "None") Address:		Phone:	
Policy Number:		() Certificate N	Jumber
•			
Name of Insured:		Company/B	usiness Name:
Employer Contact:		Phone:	
Instructions	for Medication and Tre	atment (of	her than inculin)
	in detail as this information will be		
Medication/Treatment	Dosage		Time (indicate a.m. or p.m.)
Example: Tegretol	200 mg: 1 tablet		9:00 a.m., 9:00 p.m.
Please indicate if the following over-the	e-counter medications are authoriz N INSTRUCTIONS LISTED ON TI		
	Tylenol or Ibuprofen (Please cir		
☐ Chloraseptic or Throat Lozenges ☐	Neosporin Ointment	☐ Hydi	rocortisone Cream
☐ Robitussin ☐	☐ Benadryl or other antihistamine	□ Tum	s or Rolaids
ALLERG	SY AND MEDICAL DII	ET CONC	CERNS
•	vith MEDICAL concerns only (mus		• • • • •
Celiac Disease (Diagnosed only)	Gluten-Free (IBS/UC/Crohn's)		iry(Lactose-Free) No Eggs
☐ No Wheat (Gluten sensitivity)☐ No Poultry	□ No Pork □ Vacatarian	□ No Re	_
Please describe any food allergies or r	☐ Vegetarian	☐ Vegar	
			-
Please list ALL ALLERGIES (food, et	nvironmental, medical, etc.)		
***Lions Diabetes Camp does its be	est to accommodate the dietary need	ls of campers;	however, parents may need to

supplement the camper's diet by bringing specialty food items for the camper to enjoy while at camp. ***



Medical Report

To be completed by Medical Personnel. Please print or type.

Cam	per Name:
	Hemoglobin A1C: Date A1C was done:
1.	Primary diagnosis is Pre-Diabetes Type 1 Diabetes Type 2 Diabetes (circle one) Secondary diagnosis, if any: In your opinion, is this child's intelligence commensurate with his or her age? If no explain:
2.	If no, explain: Previous or Continuing Illness (indicate date of last occurrence if applicable): Asthma: Celiac Disease: MMR: Strep Throat: Chicken Pox: Diphtheria: Seizures: Whooping Cough: Chronic Cough: Ear Infection: Has Patient had any serious medical illness or surgery in the past year? □Yes □No If Yes, describe: PLEASE LIST ALL KNOWN ALLERGIES FOR THIS PATIENT
	Food Allergies or Prescription Diet (Please be specific):
3. 4. 5.	Vital Statistics: Blood Pressure: Height: Weight: Immunizations (Indicate date of last injection or oral vaccine) IPV/OPV/Polio: MMR: DTap/DTP/Tetnus*: Allergic to any vaccine? *(must be within the past 10 years) Other Evidence of Pathology: Cardiovascular:
When and/or I appro	led plan in case of emergency: Glucagon administration dose ofunits when blood glucose level is <mg are="" blood="" dl.="" glucose="" levels="">mg/dl and not responding to insulin injections aftermin/hours (circle one) r urine ketone levels are >mmol/L, then follow the protocol stated below: rove camping activities for this applicant. YesNo fician Signature</mg>

Parent/Legal Guardian Agreement

Please read this document carefully and sign below

Consent to Attend & Participate

I hereby give consent for my child (ward) to attend and participate in all programs and activities of the Lions Diabetes Camp at Teresita Pines, (hereinafter also identified as the Camp). I understand that my child (ward) will participate in an outdoor recreation program which may encompass activities including, but not limited to, ropes course, horsemanship, archery, hiking, camp out and water sports, and that one or more of these or other activities may involve travel off the Camp site. I understand and acknowledge that while the agents, servants, employees and/or volunteers may have received training on safety techniques, there are nevertheless risks associated with, and inherent in, my child's (ward's) participation in the camp's outdoor recreation program and other camp programs and activities. I voluntarily choose to assume these risks and allow my child (ward) to attend camp and participate in all Camp programs and activities. I further consent to the Camp taking pictures, audio tapes and/or video tapes of my child (ward) participating in Camp activities and programs and the Camp's use of same in camp publications or publicity that is in the proper interest of the Camp.

Release, Hold Harmless, & Indemnity Agreement

I <u>RELEASE</u>, <u>HOLD HARMLESS</u> and hereby agree to <u>INDEMNIFY</u> the Camp, its agents, servants, employees and/or volunteers from any and all liability, claims, causes of action or suits, for the loss or damage of property, or for injury to, or the death of, my child (ward) or others, for damages, losses, expenses, attorney fees, or costs of whatever nature sustained by me, my child (ward) or others, which may arise out of, or in connection with, my child's (ward's) use or occupancy of the Camp's premises or participation in Camp activities or programs, regardless of the nature or extent of such injuries, damages, costs, expenses, attorney fees or losses, or whether such injuries, damages, costs, expenses, attorney fees or losses are caused in whole or in part by the negligence or sole negligence of the Camp, its agents, servants, employees and/or volunteers, or caused in part by the negligence of the Camp, its agents, servants, employees and/or volunteers and the negligent or grossly negligent acts or omissions of my child (ward) or any other person or entity. This Release, Hold Harmless, and Indemnity Agreement is to be construed broadly, but it does not serve to release or waive claims or causes of action to which my child (ward) may be entitled due to personal injury.

Medical Care Authorization

I hereby grant permission to, and request and authorize all physicians, nurses and hospitals and their authorized employees and designees to perform routine diagnostic procedures and render emergency medical care deemed necessary for my child (ward).

Financial Responsibility

I understand and confirm that regardless of my assignment of insurance benefits, I am responsible for the total charges incurred by the camp or others for medical care or services rendered to or on behalf of my child (ward).

Authorization to Release Information

I authorize the camp to furnish from my child's (ward's) medical records, such information as may be requested by representatives of local, state or federal agencies, insurance companies, or other organizations for the purpose of obtaining payment for services provided to my child (ward) or as may be required for payment of benefits or claims.

Assignment of Benefits

In consideration of services rendered to my child (ward), I hereby assign and transfer to the camp any and all benefits or proceeds otherwise payable to me individually, as an insured, or in my capacity as the parent/guardian of my child (ward) under hospitalization, health or accident insurance, or any other insurance coverage, to include major medical benefits, for the payment of services rendered. If I receive monies direct from the insurer(s), same shall be held in trust for and immediately transferred to the camp for amounts due.

If a MEDICARE recipient, I certify that the information given by me in applying for benefits under TITLE XVII of the Social Security Act is correct. I authorize any holder of medical or other information about my child (ward) to release to the Social Security Administration or its intermediaries or carriers any information needed to process a Medicare claim related to the undersigned or my child (ward). I request that payment of authorized benefits be made on my behalf and/or on behalf of my child (ward).

Personal Property

I understand the Camp in no way covenants the condition of any personal article or item of property upon the conclusion of any camp session and that unnecessary valuables are not to be brought to camp.

PLEASE NOTE: Original a	application with origina	al sagnatures must t	be received before final	camp cabin assignme	nt can be made.
		0		r 8	

Camper's Name:	
Signature of Parent/Guardian	Date

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Camper Code of Conduct

The purpose of the Camper Code of Conduct is to clarify expectations of camper behavior for campers, parents, summer staff, and administration at Lions Diabetes Camp at Teresita Pines. The primary purpose of the camp is to provide a camp for children with all types of diabetes from the State of California, regardless of race, religion, or national origin. Our goal is to provide an atmosphere wherein campers will learn the "Can Do" philosophy and be allowed to achieve maximum personal growth and self-esteem. The benefits a camper gains from attending camp depend on the camper's attitude toward positive participation in a camping environment and adherence to the Camper Code of Conduct. If a child's behavior detracts from the positive camping experience for him/herself or others, the child may be sent home.

Code of Conduct Objectives:	Management of	camper behavior at	Lions Diabetes Cam	p at Teresita Pines.

- 1. Provide a quality camping experience for all campers and Lions Diabetes Camp staff.
- 2. Decrease the risk of injury to campers and staff.
- 3. Outline steps for management of behavior problems.

Implementation: The staff may identify problem behavior as conduct that is

disruptive or harmful to campers or staff. The following lists examples of those behaviors which may be followed by an intervention by a staff member to provide a solution to the problem. The list includes, but is not limited to, the following:

Examples of Minor Problems: Teasing, calling names, talking back to staff, failure to cooperate,

speaking out of turn, interrupting.

Examples of Major Problems: Kicking, pushing, biting, throwing things, spitting, taking other

camper's belongings, dunking in the pool, acting-out sexually, non-

compliance in the infirmary, destruction of camp property, and

bullying.

Problem behavior that arises at Lions Diabetes Camp may be handled by a variety of interventions. Possible behavior interventions include, but are not limited to, redirection, natural consequences (i.e. timeout of an activity), parent participation in positive behavior strategies, and/or a behavior contract. If the behavior continues without improvement, the parent will be required to make arrangements to remove the child from camp.

WE HAVE READ, DISCUSSED, AND AGREE TO THE ABOVE CODE OF CONDUCT FOR LIONS DIABETES CAMP AT TERESITA PINES.

Camper Signature:	_ Date:
Parent/Guardian Signature:	Date:

All About Me!

This section is to be completed by camper and parent.

My Name is:		
I like to be called:		
I am yea	rs old. I will be in the grade.	
This will be my	year at Lions Diabetes Camp.	
My favorite school su	bjects are:	
One thing I am reall	y good at doing right now is:	
My favorite thing to d	lo is:	
The thing I would like	ke to do the MOST at camp is	
I have questions at	oout:	
Something I want my	y bunkhouse staff to know about me is	
When I get angry o	r upset, I	